

Super Salad

1 cup blueberries or blackberries
1 cup mango
1 cup sliced and seeded red bell pepper
1 cup bite-size pieces of cantaloupe
1 lb bag prepared cabbage mix
1/4 cup pecans or walnuts chopped
4 cups chopped romaine hearts
Combine.

Raspberry vinaigrette:

1 cup fresh or frozen raspberries
1/8 cup balsamic or rice wine vinegar
1 Tbsp. olive oil
2 Tbsp. agave nectar
1/4 tsp. salt
Mix in a blender. Toss in salad.